



# Return-to-Play Protocols COVID-19

(\*Revised 5.29.20 – Version 3)

Montana Youth Soccer has created the following Return-to-Play Protocols based on Governor Bullock's *Reopening the Big Sky* plan, recommendations from local health departments and guidance from the US Youth Soccer Return-to-Play Committee. The measures outlined within this document are intended to keep both our soccer families and Montana's general population healthy and safe.

The knowledge and circumstances around COVID-19 are changing constantly and, as such, Montana Youth Soccer makes no representation and assumes no responsibility for the completeness of this information. Clubs should contact local health officials about current guidelines. No guidance from Montana Youth Soccer outlined within this document shall supersede local health department guidelines as clubs must adhere to their local directives. These protocols are subject to change pending new information and instruction from the offices of the Governor and state health departments.

\*New in Version 3 – Parents and spectators are permitted to observe practices and games from designated viewing areas as long as they maintain physical distancing. Clubs will be responsible for monitoring and enforcing physical distancing during all hosted activities, and spectators will do their part by following physical distancing measures when watching from outside their vehicle.

## Reopening the Big Sky – Phased Approach Language

### Phase 1

*“**ORGANIZED YOUTH ACTIVITIES** can consider becoming operational if physical distancing guidelines can be implemented. Avoid **GATHERING** in groups of more than **10 people** in circumstances that do not readily allow for appropriate physical distancing.*

***OUTDOOR RECREATION** can become operational if sites adhere to strict physical distancing between groups and exercise frequent sanitation protocols if public facilities are open.*

***ALL VULNERABLE INDIVIDUALS** should continue to follow the stay home guidance. Members of households with vulnerable residents should be aware that by returning to work or other environments where distancing is not practical, as they could carry the virus back home. Precautions should be taken to isolate from vulnerable residents.*

*Vulnerable Individuals: people over 65 years of age and/or those with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.*

***MINIMIZE NON-ESSENTIAL TRAVEL** and adhere to Montana guidelines regarding quarantine.”*

### **MYSA Sanctioned Activities**

- Practices of 10 people or less

## Phase 2

*“ORGANIZED YOUTH ACTIVITIES remain operational and should avoid **GATHERING** in groups of more than 50 people in circumstances that do not readily allow for appropriate physical distancing.*

***OUTDOOR RECREATION** remains in the same operational status as **PHASE ONE**.*

***VULNERABLE INDIVIDUALS** should continue to adhere to the stay home guidance.*

***NON-ESSENTIAL TRAVEL** guidelines remain the same as **PHASE ONE** for individuals traveling into Montana and for Montanans returning home.”*

### **MYSA Sanctioned Activities**

- All soccer activities

## Phase 3

*“There is no limit on **GROUP SIZE** during this phase, however **PHYSICAL DISTANCING** should still be observed. For **ALL INDIVIDUALS** there is no limit on group size, however everyone should consider minimizing contact time with others and limit time spent in crowded environments.*

***OUTDOOR RECREATION** Interstate tourism travel resumes. Campground, group-use facilities, playgrounds and visitor centers are fully open.*

***VULNERABLE INDIVIDUALS** can resume public interactions but should practice physical distancing and continue to take precautionary measures.”*

### **MYSA Sanctioned Activities**

- To be determined by the MYSA Board

## Stakeholder Responsibilities

### **Club Responsibilities**

- Create and distribute protocols to its members
- Maintain ultimate oversight that club, team and spectator activities do not violate protocols or local health department guidelines
- Have effective action and communication plans prepared in the event someone within the club tests positive for COVID-19. Identify strategies for working with the local health department to notify its membership of the situation and provide guidance. Plans shall maintain confidentiality.
- Develop a relationship and dialogue with local health officials
- Wear masks and other PPE in accordance with local health department guidelines
- Educate and train all club personnel on current guidelines from the local health department
- Publish all return-to-play activities as being strictly voluntary
- Be sensitive and accommodating to parents that may be uncomfortable with returning too soon
- Display signage throughout facilities promoting health and safety practices
- Utilize club personnel to monitor and enforce physical distancing during all hosted activities
- Make available hand sanitizing stations and waste receptacles at fields
- Discourage handshaking and encourage the use of other noncontact methods of greeting
- Routinely clean and sanitize equipment

## **Coach Responsibilities**

- Ensure the health and safety of all players
- Before any soccer activity, the health of each player shall be assessed with these questions:
  - Have you had a cough, fever or loss of taste or smell?
  - Have you been in contact with a person with COVID-19?

If a player answers YES to either question, they shall not participate and must be sent home

- Adhere to all state and local health department guidelines
- Wear a mask and other PPE in accordance with local health department guidelines
- Confirm each player has their own individual equipment – ball, drink, bag, etc.
- Remain the only person to handle discs, cones, etc.
- Sanitize equipment before and after every practice
- If practice pinnies are necessary, players will be assigned their own. Players will be responsible for bringing their pinnie to practice and for washing the pinnie at home
- Have fun and stay positive – players and parents are looking to you to stay calm, supportive and caring

## **Player Responsibilities**

- Take temperature daily
- Wash hands thoroughly before and after every practice
- Masks and other PPE are not required, but allowed based on the personal choice of the player's parent or guardian
- Have personal hand sanitizer available at every practice
- Do not touch or share anyone else's equipment, drink or bag
- Refrain from spitting on the field
- Observe physical distancing when not in play
- Avoid high fives, handshakes, hugs, etc. at all times
- Sanitize equipment, cleats, ball, shin guards, etc. before and after every practice

## **Parent Responsibilities**

- Ensure your child is healthy and take their temperature daily
- Keep your child home if they feel ill for any reason and notify the club
- Limit or avoid carpooling altogether
- Make sure your child has hand sanitizer with them at every practice
- Observe physical distancing at all times while outside of your vehicle. When watching a practice or game from a designated viewing area, families must position themselves at least 6 feet apart
- Wear a mask and other PPE in accordance with local health department guidelines
- Only communicate with a coach or club personnel member via phone or email
- Wash your child's clothes after each practice
- Sanitize your child's equipment, cleats, ball, shin guards, etc. before and after every practice