



## SUSPENSION SIT-OUT VERIFICATION FORM

### A. MISCONDUCT SIT-OUT INSTRUCTIONS

1. If you have a player who is serving a suspension for misconduct (Red Card) during a game, complete Section B below and ask the Center Referee at the conclusion of the game in which the player is serving the suspension to sign this form. The team is responsible for making sure this is done before the referee leaves the field.
2. Scan and email a copy of this completed form to [jill@montanayouthsoccer.com](mailto:jill@montanayouthsoccer.com). The team is advised to keep the original copy in your team book.
3. The player serving the suspension does not have to be present at the game. If they are present, they may be on the bench, but not be in uniform. If they are on the bench, they are eligible to be shown Yellow or Red Cards for any additional misconduct during the game.

### B. VERIFICATION

PLAYER NAME	JERSEY #
CLUB / TEAM / AGE / GENDER	LEAGUE GAME NUMBER & DATE
COACH NAME (PRINT)	COACH SIGNATURE
CENTER REFEREE NAME (PRINT)	CENTER REFEREE SIGNATURE